Eleonora Strangis

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Key skills and experience

• Social skills and competences

I have been trained to work in a team and interact with people of different cultures. I have a professional understanding of the entire range of emotional, physical and psychological needs of young people. I am very passionate about interacting with children in order to encourage and support their development. I am also creative and able to adapt to the specific needs of every single child, adjusting activities according to the specific learner's needs and responses.

I have been testing and improving my skills by working as a support teacher in primary schools. I am a passionate professional who feels compassion and empathy towards adults and children. I am a very sociable person who enjoys working in a team. I love helping and assisting patients and kids as well as their families. I am able to listen and show emotional intelligence and understanding. I have lots of enthusiasm and a playful attitude, which are a fundamental ingredient to relate and create connection with children. This is not just due to my own nature but also to my advanced studies about Child Psychology, Psychiatry, Medicine and Counselling. In addition to this, I am extremely patient and optimistic, which are skills that help me to be a great role model and allow me to empower children to succeed.

• Organisational skills and competences

I am able to organise events, coordinate and supervise small teams. I have been educated and trained to plan effectively the daily work, managing unexpected and stressful situations. I have improved these skills working as a Clown Therapist Leader at Regina Margherita Hospital in Turin for six years. I am able to speak clearly and persuasively. I attended two courses on public speaking which led me to develop a very clear and persuasive communication (NLP).

• Technical skills and competences

I have been educated and trained to plan, manage and supervise educational and rehabilitation projects (interventions) as part of therapeutic projects aimed to educational recovery.

I am able to work both in public and private socio-medical care, as well as in socio-educational environments. During my clinical placements as Multi Therapy Assistant, I have developed a good understanding of a variety of acute and chronic child health. I thoroughly enjoy helping children to develop, learn, socialise and play. I constantly provide help and training to children by undertaking daily activities which aim to empower them to thrive. I have designed and run a social-group to work on all aspects of rehab (both physical and cognitive) which aims to encourage communication and social interaction in a child-focussed, age-appropriate manner. I am committed to promoting family centered care and working in partnership with families. I always aim to empower and involve parents and carers in the healthcare-planning and decision-making process, and I understand this is important for children, particularly those with complex health needs, as their parents and carers are often the experts in the child's care.

Employment history

- Well-being Supervisor at SIAL (Scuola Italiana a Londra)-present
- Trainer for CEPEDU' 2017
- Autism Consultant for Casa delle Fate 2016-2017
- Multi Therapy Assistant (SLT, OT, PT) Neuroscience Paediatrics
 February 2016
 King's College Hospital
- Lecturer University of Calabria, 2015-2016
 Good Practice in Autism, Son-Rise Program and Attention Autism.
- SEN/Inclusion Teaching Assistant
 November 2009-February 2016

Bounds Green school & Children's Centre Bounds Green Road, London N11 2QG Supporting children with a statement of Special Educational Needs. I have supported children across the school, providing assistance to pupils who find school a challenge due to their social, mental and emotional needs. I provided support, and guidance to parents, teachers, and Senior Leaders in the implementation of successful interventions to empower the learning, social skills and children's behaviour. I also offered 1-1 and small-groups support to children with social/emotional issues through Art & Play Therapy. In addition, I have led successful lunchtime intervention programmes working with children at risk of exclusion, offering social and emotional support, helping them to develop friendships, pro social skills and self-esteem.

- Nursery Nurse Support in Stay & Play Drop In May 2009-August 2009
 Bounds Green school & Children's Centre, Bounds Green Road, London N11 2QG
 Play sessions for families with children aged 0 to 5 years.
- Special Needs Teacher EYFS December 2008
 School integration of pupils with learning difficulties, disabled
- Special Needs Teacher EYFS September 2008-November 2008 School integration of pupils with learning difficulties, disabled
- Special Needs Teacher
 September 2007-June 2008
 School integration of pupils with learning difficulties, disabled
- Special Needs Teacher September 2006 to June 2007 School integration of pupils with learning difficulties, disabled
- Health Professional Educator December 2004 to June 2006
 Provincia di Torino, Children's Residential Home
 Observation, design and implementation of re-educational projects applied to children from 0 to 6 years away from their families by decree of the court of minors. Child protection. Observing and assessing the interaction between caregiver and child. Building and enhancing attachment, self-esteem, trust in adult.

Education and training

• BS, Health Professional Educator SNT/2 (Health Professions for Rehabilitation) • November 2006 Università Degli Studi Di Torino

Principal subjects: Developmental Psychology, General And Specialized Paediatrics, Child Care, Psychology, Child Neuropsychiatry, Psychology Of Emotion And Communication, Clinical Psychology Bachelor thesis: "Role of Emotions and Emotions Management to Practice Professional Education"

- Expert in Smile Therapy
 April 2004
 Principal subjects: Psychology, Pedagogy, Social Assistance, Introduction To Theatre Laboratory, Introduction To Smile Therapy, Prevention And Safety, Socialization, Play Therapy
 Qualification Level II Post Diploma / Vocational Training Certificate
- Masters Degree in Education July 2003
 Università Degli Studi Di Messina
 Principal subjects: Childcare, Child Neuropsychiatry, Adult Education, Psychology Of Infancy And Adolescence, Methods And Techniques For Team Work, General Education, Educational Philosophy, Educational Psychology, Children's Literature. Dissertation: "The Smile Therapy in the treatment of chronic diseases of a child"
- Social Educator
 July 2003

Principal subjects: Health Psychology, Social Services Planning, Communications and Languages (NLP), Psychology, Hygiene and Prevention

Qualification Level II – Post Diploma/Vocational Training Certificate

• Teaching Graduation Diploma (Including Foundation Year) • 1996-1997 Pedagogy, Psychology, Philosophy, Sociology, Mathematics, Physics, Law, Social Sciences, History of Art, Biology

Graduation Diploma (Awarded pursuant to one-year final state examinations in Social Pedagogy)

Training:

- Attention Autism Workshop (Gina Davies) 21.04.17
- Learning disability Theatre and recovery workshop, King's College Hospital 03.03.17
- Level 3 Safeguarding Children & Young People, King's College Hospital 2016
- Makaton for Professional Foundation Workshop, Module 1&2, 13.04.16/24.04.16, City University London
- How to set up and run a social skills group for children in Key stage 1 and 2 2015
- GOSH Charity Ambassadors 28.08.14- ongoing
- Whittington Health Service Introduction to Makaton Signing Training, 25.06.14
- Full NCSCT Certification as a Smoking Cessation Practitioner (stage1 and 2), 21.04.14
- Community Health Ambassador training, King's College Hospital, 20.03.14
- Play Volunteer Coordinator at King's College Hospital Rays Of Sunshine ward, Department Children's Health, 05.07.13 ongoing (http://wave.progressfilm.co.uk/preview?id=773)
- Counselling Children Workshop- Place 2 Be, 21.06. 13
- Enable children to speak about feelings through drama masks-Training Day- The Institute for Arts in Therapy & Education, 08.06.13
- Level 2 Certificate in Counselling Skills (QCF) 17 Credits- CPCAB 31.05.13
- Son-Rise Programme (Therapeutic Play volunteer), 01.07.2012/01.07.2015
- Middlesex University "Practical Autism Training For Support Assistants With Gina Davies" 03-02-12/09-03-12/04-05-12/29-06-12
- Institute of Education University of London "Understanding and Supporting the Pupil with an Autistic Spectrum condition in the Primary School" 02-03-11
- Philosophy For Children 28-02-11
- SENJIT Induction Programme for Teaching Assistants "An Introduction to Special Educational Needs" 14-06-10/21-06-10
- Facilitator groups of Mutual Self-Help 2009
- Master of Advanced Clown 2009
- Master of Magic Comic 2009
- Elements Of Art Therapy Course 2008
- Relaxation techniques: Yoga course of "Yoga Techniques in Educational Contexts" 2008
- Clown Doctor Course 2003

Interests

- Balloon modelling, Magic Trick, Art &Craft, Drawing on fabric
- Theraplay, Play Therapy and Son Rise Programme.
- Attachment Theories
- Autism and Good Practice
- Smile Therapy and well-being activities, which I encourage and promote through an extensive and specific use of good-humour.